

# KAREN ROBINSON FREESTYLE CLINIC

**WHEN:** NOVEMBER 25-28, 2005 (FRIDAY TO MONDAY AFTER THANKSGIVING)

**WHERE:** WILLOW FORK RANCH, KATY, TEXAS

**WHO:** Karen Robinson hails from Vancouver, B.C., but her clients are from all over the world and range from local talent to Olympians! Her freestyles have been performed at Devon, the Pan Am Games, the World Cup Finals, the Canadian Championships, and the American, Canadian and European Olympic Trials. Locally her freestyles have been shown by many Region 9 riders, including the 2003 and 2004 ABIG and SWDC Champions. Karen enjoys working with clients of all ages and at all levels. One of her favorite designs was a pas de deux for a couple who entered to 'When I'm Sixty-Four' and finished their final trot down centre line holding hands to "I Wanna Hold Your Hand"!



**WHY:** EVERYONE benefits from riding to music, regardless of weather or not you perform freestyles. When you ride to the right music, you start moving with the beat, your horse's gaits become more regular, and voila! you have rhythm and relaxation, the essential base of the training pyramid!! So I strongly encourage you to come learn how to measure tempos and pick music to ride to, even if you don't yet want to venture into choreography yet. Riding a freestyle pattern encourages you to pay attention to every step you ride. Being a relaxed yet more conscious rider, your horse becomes more elastic, attentive and confident. As a result, your Collective Remarks scores improve in your regular tests as well. And last but certainly not least, IT IS A BLAST!! Freestyles are fun to create, and even more fun to perform, and horses seem to love them!



**WHAT:** You may choose to ride one or two sessions at \$80 each, or audit for \$15 per day or \$25 for the whole clinic. In the first session, Karen determines your horse's tempos and chooses music for each gait that suits both you and your horse. Karen brings a large selection from many genres and has a special gift for finding just the right type music for each horse! It's amazing to watch how different music affects the way a rider rides and a horse moves! At this point you can go to a music store with your newfound knowledge, or order a whole CD of music picked for you by Karen. If you want a freestyle, in the second session Karen designs a pattern that conforms to your level's technical requirements while emphasizing your strengths and "hiding" your weaknesses. Again, you may edit your own music or contract with Karen to do so.

**HOW:** To reserve a spot in the clinic or to sign up to receive auditing info, contact Sandra Adair at [stadair@houston.rr.com](mailto:stadair@houston.rr.com) or call 281-395-4262.